

**BATTERY OF TESTS AND NORMS FOR SCOUTING
TALENT IN SPORTS
BOYS**

AGE	MARKS	30 M FLYING START (SEC.)	S.B.JUMP (CM)	Medicine Ball put upto 10 yrs-1kg Above - 2kg. (Mtrs)	6 X 10 m Shuttle Run (Sec.)	Forward Bend & Reach (cm)	S.V.Jump (cm)	800 m. Run (Min.Sec.)
8 years	1	5.3-4.8	131-157	2.26-2.50	19.7-18.8	4-6	20-24	4.09-3.48
	2	4.7-4.05	158-176	2.51-2.76	18.7-17.8	7-10	25-29	3.47-3.27
	3	4.4 & less	177 & above	2.77 & above	17.7 & less	11 & above	30 & above	3.26 & less
9 years	1	5.1-4.7	139-159	2.51-2.82	19.3-18.5	5-7	23-27	40.3-3.37
	2	4.6-4.3	160-179	2.83-3.13	18.4-17.6	8-11	28-32	3.36-3.16
	3	4.2 & less	180 & above	3.14 & above	17.5 & less	12 & above	33 & above	3.15 & less
10years	1	4.9-4.5	149-163	2.66-3.13	19.1-18.2	6-8	27-31	3.52-3.31
	2	4.4-4.1	164-179	3.14-3.59	18.1-17.4	9-12	32-36	3.30-3.11
	3	4.0 & less	180 & above	3.60 & above	17.3 & less	13 & above	37 & above	3.10 & less
11years	1	4.8-4.4	156-176	2.83-2.96	18.4-17.7	7-9	30-35	3.36-3.21
	2	4.3-3.9	177-200	2.97-3.43	17.6-17.0	10-13	36-41	3.20-3.05
	3	3.8 & less	201 & above	3.44 & above	16.9 & less	14 & above	42 & above	3.04 & less
12years	1	4.7-4.3	164-186	2.97-3.28	18.0-17.4	8-10	31-36	3.29-3.14
	2	4.2-3.8	187-209	3.29-3.97	17.3-16.7	11-14	37-43	3.13-3.01
	3	3.7 & less	210 & above	3.98 & above	16.6 & less	15 & above	44 & above	3.00 & less
13years	1	4.2-4.0	171-191	3.01-3.62	17.6-17.0	9-11	33-39	3.23-3.09
	2	3.9-3.6	192-214	3.63-4.23	16.9-16.3	12-15	40-45	3.08-2.53
	3	3.5 & less	215 & above	4.24 & above	16.2 & less	16 & above	46 & above	2.52 & less
14years	1	4.1-3.8	181-200	3.19-3.80	17.1-16.6	10-12	36-42	3.14-2.58
	2	3.7-3.4	201-220	3.81-4.41	16.5-16.1	13-16	43-49	2.57-2.41
	3	3.3 & less	221 & above	4.42 & above	16.0 & less	17 & above	50 & above	2.40 & less
15years	1	3.7-3.6	201-215	3.81-4.09	16.4-16.3	11-13	38-45	3.07-2.56
	2	3.5-3.3	216-225	4.10-4.59	16.2-16.0	14-17	46-52	2.55-2.33
	3	3.2 & less	226 & above	4.60 & above	15.9 & less	18 & above	53 & above	2.32 & less
16years	1	3.5-3.4	216-231	4.10-4.39	16.2-16.1	12-14	51-52	2.55-2.41
	2	3.3-3.2	232-235	4.40-4.79	16.0-15.9	15-18	53-55	2.40-2.29
	3	3.1 & less	236 & above	4.80 & above	15.8 & less	19 & above	56 & above	2.28 & less
17years	1	3.3-3.2	232-235	4.40-4.69	16.0-15.9	13-15	53-54	2.39-2.28
	2	3.1-3.0	236-240	4.70-5.07	15.8-15.7	16-19	55-57	2.27-2.24
	3	2.9 & less	241 & above	5.08 & above	15.6 & less	20 & above	58 & above	2.23 & less
18years	1	3.1-3.0	236-240	5.0-5.29	15.8-15.7	14-16	55-57	2.26-2.23
	2	2.9-2.8	241-244	5.30-5.57	15.6-15.5	17-20	58-60	2.22-2.18
	3	2.7 & less	245 & above	5.58 & above	15.4 & less	21 & above	61 & above	2.17 & less
19years	1	3.0-2.9	241-244	5.30-5.79	15.6-15.5	15-17	58-60	2.22-2.20
	2	2.8-2.7	245-248	5.80-6.26	15.4-15.3	18-21	61-64	2.19-2.17
	3	2.6 & less	249 & above	6.27 & above	15.2 & less	22 & above	65 & above	2.16 & less